

# JEREMY CLYMAN, PSYD

Clinical and Forensic Psychologist

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## Contact Information

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## Education

Professional License (#10012) for the Commonwealth of Massachusetts (2014)

Post-doctoral Fellowship in Forensic Psychology @ Child and Family Psychological Evaluation Service (2013-15)

Internship in Clinical Psychology @ Edith Nourse Rogers Memorial VA Hospital (2013)

Doctorate in Clinical Psychology (PsyD) @ Ferkauf Graduate School of Psychology at Yeshiva University (2012)

Master of Arts in Print Journalism @ Northeastern University (2007)

Bachelors of Science in Psychology @ Union College (2005)

## Current Clinical Positions

*Private Practitioner, Psychotherapist* (May of 2017 through to the present).

I deliver psychotherapeutic services to pre-teens, adolescents, adults and older adult as well as couples and families via third wave behavioral treatment protocols (CBT, ACT and PE); treatment plans tend to relate to any/all forms of diagnoseable pathology (Mood and Personality-based disorders, Panic Attacks, Substance Abuse, and Severe and Persistent diagnoses like Schizophrenia) as well as life phase maladjustment and social-occupational-identity related instability and distress.

*Private Practitioner, G.A.L and Custody Evaluation Service* (September of 2015 through to the present).

I deliver wide-ranging evaluations and treatment plans for court-involved parents, co-parents, and families of divorce due to matters of divorce custody, basic parental fitness, and concerns related to mental illness and substance abuse, domestic violence, and alienation/estrangement. I have also provided treatment-based services as a Parent Coordinator, Mediator, and Co-Leader (of a court-mandated high-conflict, co-parent education group).

*Over fourteen years and 20,000 hours of professional experience in psychotherapy assessment and treatment (pre and post-license).*

*Over nine years and 7,000 hours of professional experience in court-based, custody-relevant evaluation (all post-license)*

### **Historic Clinical Positions**

*Staff Psychologist, Kendall Psychological Associates; Cambridge, MA (May of 2015 - May of 2017)*

*Post-doctoral Practitioner and Independent Contractor, The Child and Family Psychological Evaluation Service of William James College; Boston, MA (2013 - 2017). Provided custody evaluation services and other forensic assessments for the Probate and Family Court, and co-led a court-mandated high-conflict, co-parent education group.*

*Intern, Edith Nourse Rogers Memorial VA Medical Center; Bedford, MA. (2012-13). Conducted psychological testing, emergency and intake assessment, research and psychotherapy services to veterans (individual, couples, and family-based modalities), with specialty training/supervision in hospice care and military trauma.*

*Graduate Trainee, Parnes University-based Outpatient Clinic; Bronx, NY. (2010-12). Conducted psychological testing, emergency and intake assessment, research and psychotherapy services to adults (individual, couples, and family-based modalities), with specialty training/supervision in PTSD, OCD, Anxiety & Depression.*

*Graduate Trainee, Primary Care Unit of Jacobi Medical Center; Bronx, NY. (2010-11). Conducted psychological testing, emergency and intake assessment, research and psychotherapy services to individuals with chronic medical conditions and pain management concerns.*

*Graduate Trainee, Inpatient Unit of NY-Presbyterian Hospital; White Plains, NY. (2009-10).*

*Mental Health Specialist, Germane Lawrence Residential Facility; Arlington, MA. (2009).*

*Mental Health Specialist, Intensive Outpatient Programs at Two Brattle Center; Cambridge, MA. (2007-09; a bachelor's-level position). Conducted psychological testing, crisis intervention, research and psychotherapy services related to Dialectical Behavior Therapy for adolescents and adults.*

*Mental Health Specialist, Short-term Inpatient Unit at McLean Hospital; Watertown, MA. (2006-07; a bachelor's-level position)*

*Mental Health Specialist, Child Inpatient Unit at McLean-Fransiscan Hospital; Allston, MA.*  
(2006)

### **Professional Memberships**

American Psychological Association (APA)  
Association for Contextual Behavioral Sciences  
Association of Family and Conciliation Courts (AFCC)  
Media Psychology (Division 46)  
Massachusetts Association of Guardians Ad Litem (MAGAL)  
Northeastern Society for Group Psychotherapy  
Psychologists in Independent Private Practice  
Society for Clinical Geropsychology  
Society for the Exploration of Psychotherapy Integration  
Society for the Psychological Study of Men and Masculinity

**Specialized Clinical Training** (a client caseload coupled with graduate-level training and supervision)

Cognitive Behavioral Therapy (CBT)  
Dialectical Behavior Therapy (DBT)  
Prolonged Exposure Therapy (PE)  
Acceptance and Commitment Therapy (ACT)  
Emotion-Focused Couples Therapy (EFT)  
Dispute-Resolution Mediation  
Child Custody Evaluation  
Intimate Partner Violence  
Alienation and Reunification  
Parent Coordination  
High Conflict Co-Parenting

**Group Treatment Services** (conducted historically, but not actively)

High-Conflict Parent Education Classes  
CBT Skills Groups  
DBT Skills Groups  
Positive Psychology Groups  
Cinematherapy Groups  
Mindfulness Groups  
Reminisce Groups  
Interpersonal Process Groups

**Research Services** (conducted historically, but not actively)

The Center of Excellence for Children, Families, and the Law (topic: families in high psycho-legal conflict)  
The Ferkauf Aging Study (topic: dementia and mild cognitive assessment)  
VIA Institute on Character (topic: positive psychology)  
The Ferkauf Research Lab on Stigma and Mental Health (topic: LGBT issues)

### **Academic Publications and Presentations**

- Clyman, J. (October, 2018). *Three Healthy Principles to Healthy and Positive Co-Parenting*. Guest Contribution MA AFCC Newsletter.
- Deutsch, R. & Clyman, J. (January, 2016). *Impact of mental illness on parenting capacity in a child custody matter*. Family Court Review.
- Clyman, J., Goldstein, S. & Boudreau, M. (April, 2013) *Flourishing at the end of life: Using positive psychology with elderly veterans*. Poster presented at the GEC Virtual Leadership Conference.
- Clyman J. & Pachankis, J (February, 2013). *The relationship between objective-coded optimistic explanatory style and mental health in the stigma-related narratives of young gay men*. (Doctoral Dissertation); Psychology of Men & Masculinity.
- Clyman, J. (2012, November) *Resiliency in hiding: The relationship between optimistic explanatory style and mental health outcomes in stigmatized young men*. Poster session presented at the Association for Behavior and Cognitive Therapy (ABCT).
- Clyman, J, Malak, A., Gouge, N. & Pachankis, J. (2010, May) The relationship between gender non-conforming behavior and parental and peer rejection in the LGB community. Poster session presented at the Albert Einstein College of Medicine Behavioral Sciences Research Day, Bronx, New York.
- Clyman, J. A. (2005, May) *The influence of narcissism on gambling behavior*. Paper presented at Steinmetz Symposium, Union College, Schenectady, NY.

### **Cinematherapy Publications and Presentations**

- Clyman, J. (December, 2012). A report from the movie domain of the MWC. *The Amplifier*, Media Psychology (Div. 46)
- Clyman, J (2012). The Amazing spider-man: Growth over grief. [Review of motion picture The Amazing Spider Man, 2012]. *PsycCRITIQUES*, 57(36). doi: [10.1037/a0029762](https://doi.org/10.1037/a0029762)
- Clyman, J (2012). A Ray of hope in a world of darkness [Review of motion picture The Dark Knight Rises, 2012]. *PsycCRITIQUES*, 57(35). doi: [10.1037/a0030002](https://doi.org/10.1037/a0030002)
- Clyman, J. (2011). Mindfulness in motion. [Review of the motion picture Source Code, 2011]. *PsycCRITIQUES*, 56(44). doi: [10.1037/a0025650](https://doi.org/10.1037/a0025650)
- Clyman, J. (2011). Self-regulation: The secret to success in twilight. In Klonsky, D.E. (Ed.) *The psychology of Twilight, completely unauthorized, The psychology of* (pp. 133-150). Dallas, TX: BenBella Books
- Clyman, J. (2011). Pantherama! In Wilson, L. (Ed.) *A Friday Night Lights Companion: Love, Loss and Football in Dillon, Texas* (pp. 97-112). Dallas, TX: BenBella Books

- Clyman, J. (2010). The angels on his shoulder. In DePaulo, B. (Ed.) *The psychology of Dexter, completely unauthorized, The psychology of* (pp. 113-128). Dallas, TX: BenBella Books
- Clyman, J. (2010). A roller-coaster of intelligences [Review of the motion picture *The Social Network*, 2010]. *PsycCRITIQUES*, 55(49). doi: [10.1037/a0022115](https://doi.org/10.1037/a0022115)
- Clyman, J. (2009). Trauma's silver lining [Review of the motion picture *Seven Pounds*, 2008]. *PsycCRITIQUES*, 54(28). doi: [10.1037/a0016365](https://doi.org/10.1037/a0016365)
- Clyman, J. & Niemiec, R. (2009). The next step [Review of the motion picture *The Soloist*, 2009]. *PsycCRITIQUES*, 54(31). doi: [10.1037/a0022115](https://doi.org/10.1037/a0022115)
- Niemiec, R. & Clyman, J. (2009). Temperance: The quiet virtue finds a home [Review of the motion picture *Twilight*, 2009]. *PsycCRITIQUES*, 54(46). doi: [10.1037/a0017924](https://doi.org/10.1037/a0017924)
- Clyman, J. A. *Film, Psychology and Sexuality: The many layers of consciousness*. Paper presented at Steinmetz Symposium, Union College, Schenectady, NY (2005, May)