

Jeremy Clyman, Psy.D.
Licensed Clinical and Forensic Psychologist

Contact Information

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Education

Professional License (#10012) for the Commonwealth of Massachusetts (2014)
Post-doctoral Fellowship in Forensic Psychology @ Child and Family Psychological Evaluation Service (2013-15)
Internship in Clinical Psychology @ Edith Nourse Rogers Memorial VA Hospital (2013)
Doctorate in Clinical Psychology (PsyD) @ Ferkauf Graduate School of Psychology at Yeshiva University (2012)
Master of Arts in Print Journalism @ Northeastern University (2007)
Bachelors of Science in Psychology @ Union College (2005)

Specialized Clinical Training

Cognitive Behavioral Therapy (CBT)
Dialectical Behavior Therapy (DBT)
Prolonged Exposure Therapy (PE)
Acceptance and Commitment Therapy (ACT)
Emotion-Focused Couples Therapy (EFT)
Dispute-Resolution Mediation
Child Custody Evaluation
Intimate Partner Violence
Alienation and Reunification
Parent Coordination
High Conflict Co-Parenting

Over eleven years and 17,000 hours of professional experience in psychotherapy assessment and treatment

Over six years and 6,000 hours of professional experience in custody and court evaluation

Clinical Positions

Private Practitioner, Psychotherapist

(May of 2017 through to the present) Delivered psychotherapeutic services to pre-teens, adolescents, adults and older adult as well as couples and families; special emphasis on third wave behavioral therapies (CBT, ACT and PE) and interpersonal-psychodynamic approaches. Treatment plans are applied to psychological distress due to life transitions, work and romantic instability, court-involvement and any/all forms of pathology (mood and personality disorders, substance abuses and severe and persistent mental illness).

Private Practitioner, G.A.L and Custody Evaluation Service

(September of 2015 through to the present) Delivered wide-ranging evaluations and treatment plans for court-involved families (divorce custody, alienation, parental capacity, independent living capacity and special issues like mental illness, domestic violence, and substance abuse).

Provided reunification therapy, parent coordination and mediation/psycho-educational group services for matters of divorce custody and co-parent conflict.

Staff Psychologist, Kendall Psychological Associates; Cambridge, MA

(May of 2015 – May of 2017) Delivered psychotherapeutic services to pre-teens, adolescents, adults and older adult as well as couples and families; special emphasis on third wave behavioral therapies (CBT, ACT and PE) and interpersonal-psychodynamic approaches. Treatment plans are applied to psychological distress due to life transitions, work and romantic instability, court-involvement and any/all forms of pathology (mood and personality disorders, substance abuses and severe and persistent mental illness).

Post-doctoral Practitioner and Independent Contractor, The Child and Family Psychological Evaluation Service of William James College; Boston, MA

(2013 - present) Delivered wide-ranging evaluations and treatment plans for court-involved families (divorce custody, reunification and alienation, parental capacity, independent living capacity and issues of domestic violence-substance abuse-mental illness). Taught court-appointed co-parent education classes, and provided court testimony for custody evaluations.

Intern, Edith Nourse Rogers Memorial VA Medical Center; Bedford, MA.

(2012-13) Delivered psychological testing, emergency and intake assessment, research and (individual-couples-families) psychotherapeutic services to adult through older adult veterans; special emphasis on CBT, ACT and PE treatment protocols as applied to PTSD, anxiety and depression, caregiver burnout, grief and death/dying.

Graduate Trainee, Parnes University-based Outpatient Clinic; Bronx, NY.

(2010-12) Delivered psychological testing, emergency and intake assessment and (individual couples-families) psychotherapeutic services to adults and older adults; special emphasis on CBT, PE and interpersonal-systemic treatment protocols as applied to PTSD, OCD, Panic Disorder, anxiety and depression, relationship distress and major life transitions.

Graduate Trainee, Primary Care Unit of Jacobi Medical Center; Bronx, NY.

(2010-11) Delivered crisis intervention, referral-based Intakes and clinical interviews and (individual-couples-families) psychotherapeutic services to adults and older adults; special emphasis on psychodynamic-systemic treatment protocols as applied to social, cultural and medical vulnerabilities as well as chronic psychiatric conditions.

Graduate Trainee, Inpatient Unit of NY-Presbyterian Hospital; White Plains, NY.

(2009-10) Delivered research, assessment, crisis intervention and group psychotherapeutic services for adolescent and adult women; special emphasis on psychodynamic-systemic treatment protocols as applied to severe and persistent mental illness (Schizophrenia, Bipolar Disorder, Personality Disorders).

Mental Health Specialist, Germane Lawrence Residential Facility; Arlington, MA.

(2009) Delivered milieu counseling, crisis management and case management services for female adolescents; special emphasis on treatment of life-skills, childhood trauma and self-harm behaviors.

Mental Health Specialist, Intensive Outpatient Programs at Two Brattle Center; Cambridge, MA.

(2007-09) Delivered 24/7 skills-coaching, research and case management, crisis intervention and individual/group psychotherapeutic services for adolescents through adults; special emphasis on DBT treatment for pre-teens and adolescents with emotional volatility and self-harm tendencies; and psychodynamic treatment for adults with severe and persistent mental illness.

Mental Health Specialist, Short-term Inpatient Unit at McLean Hospital; Watertown, MA.

(2006-07) Delivered milieu counseling and crisis intervention on adults with wide-ranging mental health difficulties; special emphasis on supportive services for ECT treatment protocols as applied to severe depression.

Mental Health Specialist, Child Inpatient Unit at McLean-Fransiscan Hospital; Allston, MA.

(2006) Delivered milieu counseling and crisis intervention on adults with wide-ranging mental health difficulties; special emphasis on alliance-building with children and adolescents.

Professional Memberships

American Psychological Association (APA)
Association for Contextual Behavioral Sciences
Association of Family and Conciliation Courts (AFCC)
Media Psychology (Division 46)
Massachusetts Association of Guardians Ad Litem (MAGAL)
Northeastern Society for Group Psychotherapy
Psychologists in Independent Private Practice
Society for Clinical Geropsychology
Society for the Exploration of Psychotherapy Integration
Society for the Psychological Study of Men and Masculinity

Group Treatment Services

High-Conflict Parent Education Classes
CBT Skills Groups
DBT Skills Groups
Positive Psychology Groups
Cinematherapy Groups
Mindfulness Groups
Reminisce Groups
Interpersonal Process Groups

Research Services

The Center of Excellence for Children, Families, and the Law (topic: families in high psycho-legal conflict)
The Ferkauf Aging Study (topic: dementia and mild cognitive assessment)
VIA Institute on Character (topic: positive psychology)
The Ferkauf Research Lab on Stigma and Mental Health (topic: LGBT issues)

Academic Publications and Presentations

Deutsch, R. & Clyman, J. (January, 2016). *Impact of mental illness on parenting capacity in a child custody matter*. Family Court Review.
Clyman, J., Goldstein, S. & Boudreau, M. (April, 2013) *Flourishing at the end of life: Using positive psychology with elderly veterans*. Poster presented at the GEC Virtual Leadership Conference.

- Clyman J. & Pachankis, J (February, 2013). *The relationship between objective-coded optimistic explanatory style and mental health in the stigma-related narratives of young gay men.* (Doctoral Dissertation); Psychology of Men & Masculinity.
- Clyman, J. (2012, November) *Resiliency in hiding: The relationship between optimistic explanatory style and mental health outcomes in stigmatized young men.* Poster session presented at the Association for Behavior and Cognitive Therapy (ABCT).
- Clyman, J, Malak, A., Gouge, N. & Pachankis, J. (2010, May) The relationship between gender non-conforming behavior and parental and peer rejection in the LGB community. Poster session presented at the Albert Einstein College of Medicine Behavioral Sciences Research Day, Bronx, New York.
- Clyman, J. A. (2005, May) *The influence of narcissism on gambling behavior.* Paper presented at Steinmetz Symposium, Union College, Schenectady, NY.

Cinematherapy Publications and Presentations

- Clyman, J. (December, 2012). A report from the movie domain of the MWC. *The Amplifier*, Media Psychology (Div. 46)
- Clyman, J (2012). The Amazing spider-man: Growth over grief. [Review of motion picture The Amazing Spider Man, 2012]. *PsycCRITIQUES*, 57(36). doi: [10.1037/a0029762](https://doi.org/10.1037/a0029762)
- Clyman, J (2012). A Ray of hope in a world of darkness [Review of motion picture The Dark Knight Rises, 2012]. *PsycCRITIQUES*, 57(35). doi: [10.1037/a0030002](https://doi.org/10.1037/a0030002)
- Clyman, J. (2011). Mindfulness in motion. [Review of the motion picture Source Code, 2011]. *PsycCRITIQUES*, 56(44). doi: [10.1037/a0025650](https://doi.org/10.1037/a0025650)
- Clyman, J. (2011). Self-regulation: The secret to success in twilight. In Klonsky, D.E. (Ed.) *The psychology of Twilight, completely unauthorized, The psychology of* (pp. 133-150). Dallas, TX: BenBella Books
- Clyman, J. (2011). Pantherama! In Wilson, L. (Ed.) *A Friday Night Lights Companion: Love, Loss and Football in Dillon, Texas* (pp. 97-112). Dallas, TX: BenBella Books
- Clyman, J. (2010). The angels on his shoulder. In DePaulo, B. (Ed.) *The psychology of Dexter, completely unauthorized, The psychology of* (pp. 113-128). Dallas, TX: BenBella Books
- Clyman, J. (2010). A roller-coaster of intelligences [Review of the motion picture The Social Network, 2010]. *PsycCRITIQUES*, 55(49). doi: [10.1037/a0022115](https://doi.org/10.1037/a0022115)
- Clyman, J. (2009). Trauma's silver lining [Review of the motion picture Seven Pounds, 2008]. *PsycCRITIQUES*, 54(28). doi: [10.1037/a0016365](https://doi.org/10.1037/a0016365)
- Clyman, J. & Niemiec, R (2009). The next step [Review of the motion picture The Soloist, 2009]. *PsycCRITIQUES*, 54(31). doi: [10.1037/a0022115](https://doi.org/10.1037/a0022115)
- Niemiec, R. & Clyman, J. (2009). Temperance: The quiet virtue finds a home [Review of the motion picture Twilight, 2009]. *PsycCRITIQUES*, 54(46). doi: [10.1037/a0017924](https://doi.org/10.1037/a0017924)
- Clyman, J. A. *Film, Psychology and Sexuality: The many layers of consciousness.* Paper presented at Steinmetz Symposium, Union College, Schenectady, NY (2005, May)